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7 Facts About Sociopaths

1. The terms “sociopath” and “psychopath” are often used interchangeably. A related term is antisocial personality disorder. Mental health professionals do not agree on which term to use or how the terms should be defined.
2. Sociopaths do not have a conscience, and they do not form emotional bonds with other people. This means they can do absolutely anything without feeling any guilt or remorse.
3. Sociopaths are social predators. They are fluent liars and brazen con artists. Most are manipulative and some are violent, but only a tiny percentage of them are serial killers.
4. Sociopathy is not a mental illness; it is a personality disorder. The condition is highly genetic.
5. Approximately 1 percent to 4 percent of the population are sociopaths. That means there may be 3 to 12 million sociopaths in the United States.
6. Sociopaths can be found in all segments of society—rich, poor, male, female, all races, all communities. They often blend easily into society.
7. Sociopaths, once they are adults, cannot be rehabilitated.

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