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Dangers of online dating

1. Worldwide, there are 1.8 billion Internet users. It is reasonable to assume that, as in the general population, 1% to 4% of them are sociopaths. That means there between 14 million and 72 million sociopaths online—all trolling for victims.

2. Sociopaths target lonely people. If you're looking for a relationship online, you are advertising the fact that you're lonely. You are setting yourself up to be exploited.

3. When filling out an online dating profile, you provide information about yourself and what you are looking for. Sociopaths take the information and pretend to be the person of your dreams. They use the information that you posted to seduce you.

4. Sociopaths typically register on multiple dating sites simultaneously. They keep baiting the hook until someone bites.

5. The Internet is anonymous. It is impossible to know for sure with whom you are corresponding. Some people post gorgeous photos in their profiles, which are actually photos of models stolen from elsewhere on the Internet.

6. Experts believe that 65% to 90% of human communication is nonverbal—facial expressions, gestures, body language, tone of voice. That means in communication via the web or e-mail, 65% to 90% of the meaning is missing. With so much information missing, people interpret a communication to mean what they want it to mean.

7. Because communicating over the Internet is anonymous, it creates a sense of safety. You feel like you can confess your hopes and dreams to a stranger.

8. Sociopaths say what their targets want to hear. Often, the sociopaths are lying. But humans can detect a lie only 53% of the time—the same as flipping a coin.

9. So here's what happens when you look for romance online:

- You provide information about yourself by filling out the dating profile.
- You communicate with someone, but 65% to 90% of the meaning is missing.
- You pour out your heart and soul, and it feels good.
- The person responds, and you interpret everything to mean what you want it to mean.
- You fall in love with your own fantasy.

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